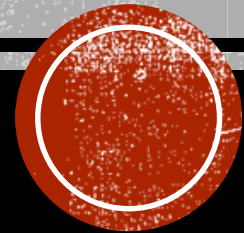


CODE  
9119



# JUDO

Portfolio



**RIHARI J IKI**

JUDO NEW ZEALAND  
Dated: 23<sup>rd</sup> Aug 2018





# PROFILE

- **Born:** 7<sup>th</sup> June 2001
- **Birth Place:** Tauranga, Bay of Plenty, New Zealand
- **Weight:** 81Kgs
- **Height:** 1.70cm
- **Resides:** Perth, Western Australia
- **Main Sport:** Judo
- **Club:** University of Western Australia
- **Sensei:** Taketoshi Sekine (Japan)
- **Sensei:** Kwang-Sun Yoo (Korea)
- **Other sports:** Baseball, Rugby League & Swimming





# CODE 9119

## **Born**

I was born Rihari James Iki in Tauranga New Zealand to Robyn Solomon and Richard Iki. My name is indigenous to NZ Maori and translates to Richard, named after my father. I am a descendant of Ngai Tuhoe, Ngati Manawa, Ngati Hine, Te Mahurehure & Nga Puhi Tribes that span the Central part of the North Island to the far North.

## **Childhood**

Papamoa, a coastal beach town was home for the 1<sup>st</sup> 3 years. Later on work opportunities arose and our family of 3 moved to Auckland. I attended Montessori Kindergarten & Primary where I developed an understanding of order, concentration, creativity, independence, and self-regulated freedom of choice all within a supported controlled learning environment.

After 6 years of being an only child, I welcomed a little brother into the world. This taught me patience and moulded me to becoming a role model and big brother for Heemi-Robbie.

## **Activities**

Extra curricular & seasonal activities, included weekly piano, swimming & tennis lessons, soccer, rugby league & softball practice, then most weekends on the field. At age 8, I was introduced to Howick Judo Club, became a registered Judo NZ member and haven't looked back.

## **Today**

I am currently in the JNZ Team and reside with my family in Perth, Western Australia. Whilst I represent NZ, I am a dedicated club member of Judo UWA where I receive 100% support. I'm doing year 12 ATAR and have my sight set on attending UWA after graduation. When I'm not studying, I have an intense training regime and you will find me at the Dojo training or working out at home. For R&R I like to spend time at Coogee beach with my mates or chilling with the family.

# TRAINING REGIME

- **January – Japan 4 weeks**
  - Strength and Conditioning
  - Grip and Cardio
  - Weight Lifting
  - Randori (Upright fighting)
  - Newaza (Ground fighting)
- **July – Hong Kong**
  - 3 Day Training Camp
- **Aug – Tunisia**
  - 1 Week Olympic Training Camp
- **Nov – WA Int'l Perth**
  - 2 Day Training Camp
- **Nov – Perth OJU**
  - 2 Day Training Camp
- **Nov – Japan Scuba / UWA Exchange**
  - 2 Week Training Camp
- **UWA Judo Club Weekly**
  - **Mon:** Cardio
  - **Tues:** Randori
  - **Wed:** Technique & Conditioning
  - **Thurs:** Randori
  - **Fri:** Technique / Speed
  - **Sat:** Randori
  - **Sun:** Recovery Day





# ACADEMIC ACHIEVEMENTS

## 2018: Fremantle College Year 12

- 1<sup>st</sup> Place Boy Swimming Carnival
- Letter of Commendation Year 12 Swimming Carnival
- Currently studying ATAR (Australian Tertiary Admission Rank)
- Specialist Marine Programme
- Skippers Ticket

## 2015 – 2017: South Fremantle Snr High School

- 1<sup>st</sup> Place Boy Swimming Carnival, Year 11
- 1<sup>st</sup> Place Boy Swimming Carnival, Year 10
- 1<sup>st</sup> Place Boy Swimming Carnival, Year 9
- Honours Sports Certificate (Baseball)
- Specialist Baseball & Marine Programmes

## 2008 – 2011: Montessori Howick Primary School NZ

- Selected Athlete to run the relay carrying the Commonwealth Baton
- Inter School Speech Finalist





## SHORT TERM GOALS 2018

- ✓ ▪ Place at OJU Noumea
- ✓ ▪ Place Top 10 IJF World Ranking List
- ✓ ▪ Place at Asian Cadet & Junior Cup
- ✓ ▪ Qualify Youth Olympic Games

## GETTING THERE...

- Believe I will achieve
- Get fitter & stronger
- Train harder than yesterday
- Become more skilful in technique
- Practice & practice to progress
- Meditate



## LONG TERM GOALS

- #1 IJF World Ranking List
- 2021 Junior Worlds
- 2022 Commonwealth Games
- 2024 Olympics



## 2018 SCHEDULE

- ✓ Jan Japan
- ✓ Feb ACT Int'l
- ✓ Mar Queensland Int'l
- ✓ Mar Melbourne Int'l
- ✓ April OJU Noumea
- ✓ June Australia Nationals QLD
- ✓ July HK & Macau (Asian Cup)
- ✓ Aug Tunisia (IJF)
- Oct Argentina (Youth Olympics)
- Nov WA Int'l
- Nov Oceania Open & Junior Cup





# TOURNAMENT RESULTS

Cadet's 15 to 17 yrs.			
Year	Rank	Tournament	Weight
2018	2 <sup>nd</sup>	Hong Kong Asia Cup	-81kgs.
	1 <sup>st</sup>	Australia Nationals	-81kgs.
	1 <sup>st</sup>	Oceania Noumea	-81kgs.
	1 <sup>st</sup>	WA State Champs	-81kgs.
	1 <sup>st</sup>	Melbourne Int'l	-90kgs.
	1 <sup>st</sup>	Queensland Int'l	-81kgs.
	1 <sup>st</sup>	ACT Int'l	-81kgs.
2017	1 <sup>st</sup>	NZL Nationals	-81kgs.
	1 <sup>st</sup>	Sydney Int'l	-81kgs.
	1 <sup>st</sup>	Auckland Int'l	-81kgs.
	1 <sup>st</sup>	Australia Nationals	-81kgs.
	1 <sup>st</sup>	ACT Int'l	-81kgs.

Junior Men's 18 to 20 yrs.			
Year	Rank	Tournament	Weight
2018	3 <sup>rd</sup>	Hong Kong Asia Cup	-81kgs.
	1 <sup>st</sup>	Melbourne Int'l	-81kgs.
	3 <sup>rd</sup>	Queensland Int'l	-81kgs.
	1 <sup>st</sup>	ACT Int'l	-81kgs.
2017	1 <sup>st</sup>	Sydney Int'l	-81kgs.
	1 <sup>st</sup>	Auckland Int'l	-81kgs.
	3 <sup>rd</sup>	Australia Nationals	-81kgs.
	3 <sup>rd</sup>	WA State Champs	-81kgs.

Senior Boys 12 to 14 yrs.			
Year	Rank	Tournament	Weight
2015	1 <sup>st</sup>	NZL Nationals	+66kgs.
	1 <sup>st</sup>	Auckland Int'l	-66kgs.
	1 <sup>st</sup>	Australia Nationals	-66kgs.

Snr Men's Over 21 -81kgs.		
Year	Rank	Tournament
2018	3 <sup>rd</sup>	Melbourne Int'l





# ACTION PAGE





# ACKNOWLEDGEMENTS

Description	Name	Clubs
UWA President	Stockley Davis	UWA Judo Club, Perth
Coach	Peter Swan	UWA Judo Club, Perth
Coach	Mael Coret	UWA Judo Club, Perth
Coach	Sozo Maedo	UWA Judo Club, Perth
Coach / Mentor	John Commerford	UWA Judo Club, Perth (ex Camberly)
Mentor / Trainer	Kai Png	UWA Judo Club, Perth
Mentor / Trainer	Darcina Manual	UWA Judo Club, Perth
Training Buddy	Rhys Allan	UWA Judo Club, Perth
Mentor / Trainer	Genta Makami	Kokokushikan Judo, Japan
Sensei	Yudai Iwabucchi	Kokokushikan Judo, Japan
Sensei	Isamu Yokoyama	Komazawa High School Judo, Japan
Coach / Trainer	Karina Bryant	Camberly Judo Club, England
Coach	Gerhard Weaver	Gosnells PCYC Judo Club, Perth
Coach	Ian Weaver	Gosnells PCYC Judo Club, Perth
Coach	Lawrie Crook	Howick Judo Academy, New Zealand



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