

HOWICK ACADEMY OF JUDO & SELF DEFENCE 2005 LTD

PRINCIPLE Lawrie Crooke (3rd DAN)

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GRADING APPLICATION FORM YELLOW SLIPS

APPLICANT DETAILS.

NAME. _____ CLUB. HOWICK ST HELIERS

AGE. _____ CURRENT GRADE. _____

Please answer the following questions by choosing the correct answers from the list below.

Knee	_____	Upper / Top	_____
Small / Minor	_____	Large / Major	_____
Both Hands	_____	Broken	_____
Hips	_____	Groundwork	_____
Hold Broken	_____	Chest	_____

UKEMI / MOROTE / HIZA / KUZURE / KAMI / MATTE / O / HAJIME / MIGI / YUKO / SHIAI / SHIAI-JO / KO / HAI / HARARI / GOSHI / WAZARI / MUNE / NE-WAZA / IPPON / KOKA / TOKETA / TATAMI / OSAE-KOMI

*Fee for this Grading is **\$20.00** and must be accompanied with this Grading form.*

For Official use only

	1	2	3	4	5
Breakfalls					
Hold Downs					
Turnovers & Escapes					
Throws					
Comments					

Passed / Failed _____

New Grade _____

Examiner _____

Signed _____

PROFESSIONAL INSTRUCTORS.

PRINCIPLE. LAWRIE CROOKE (3RD Dan)

CRAIG BARTLETT (3RD Dan)