

HOWICK ACADEMY OF JUDO & SELF DEFENCE 2005 LTD

PRINCIPLE Lawrie Crooke (3rd DAN)

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GRADING APPLICATION FORM BEGINNERS + TABS

APPLICANT DETAILS.

NAME. _____ CLUB. HOWICK ST HELIERS

AGE. _____ CURRENT GRADE. _____

Please answer the following questions by choosing the correct answers from the list below.

Training Hall _____	Right _____
Instructor _____	Left _____
Judo Player _____	Begin _____
Judo Suit _____	Stop _____
Bow _____	Breakfalls _____

UKEMI / JUDOKA / REI / JUDO GI / SENSEI / MATTE / DOJO / HAJAME / MIGI / YUKO / SHIAI / SHIAI-JO / OBI / HAI / HADARI / SORE-MADE / WAZARI / MUNE / NEWAZA / IPPON / KOKA / TOKETA / TATAMI / OSAE-KOMI

*Fee for this Grading is **\$20.00** and must be accompanied with this Grading form.*

For Official use only

	1	2	3	4	5
Count 1-10					
Breakfalls					
Hold Downs					
Turnovers & Escapes					
Throws					
Comments					

Passed / Failed _____
 New Grade _____
 Examiner _____
 Signed _____

PROFESSIONAL INSTRUCTORS.
 PRINCIPLE. LAWRIE CROOKE (3RD Dan)

CRAIG BARTLETT (3RD Dan)