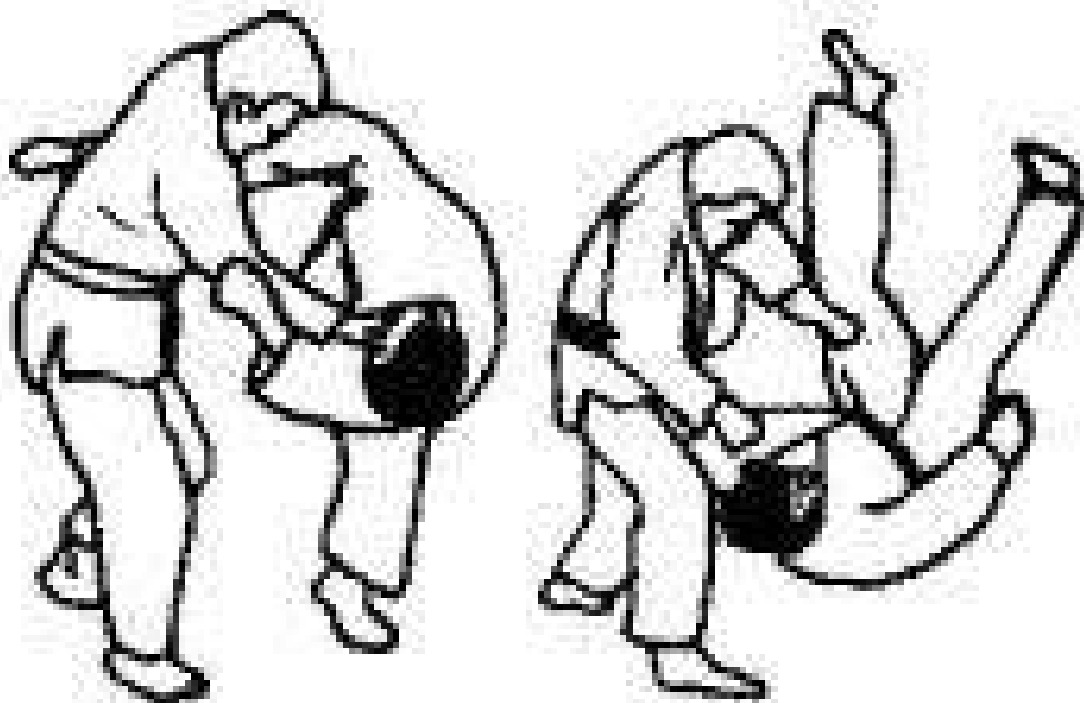
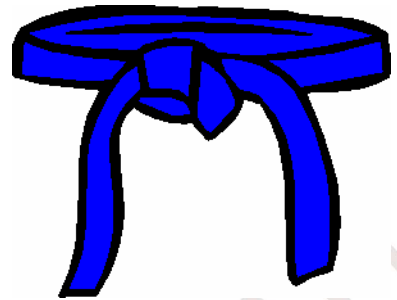


UCHI MATA SUKASHI

INNER THIGH SIDESTEP



KEY POINTS;

- **Avoid partner's Uchi Mata by stepping to side**
- **Use momentum and "steering wheel" action to complete**



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