

Howick Invitation Fun Day



Sunday 22st September 2013

Venue: Howick Recreation Centre
563 Pakuranga Road
Howick, Auckland

Entries & Enquiries:

Entry Cost: (\$15.00 Cheques payable to Howick Academy of Judo 2005)
Entries Close: Wednesday 18th September

Email: lsdcrooke@xtra.co.nz
Enquiries: Lawrie Crooke Ph. 095773361 OR 027 328 5775

The Programme:

Fun Day to be run on a 3 mat area.

Fun day starts 9.00am

8.00am - Peewees and all White belts (**Junior & Senior boys & girls**)
8.30am – Junior Boys/ Girls (**Yellow belts +**)
9.00am – Senior Boys/ Girls (**Yellow Belts +**)
12.00pm – Cadet Men & Women, Junior Men & Women, Seniors & Masters (**5 KYU + only**)

Medal Presentation: *After Division Completed*

Canteen: *Full Canteen services available on the day*

Competitors who wish to weigh in at an earlier weigh in time may do so after the previous divisions have completed their weigh in

Divisions:

Peewees, white Belts: *Weight & age groups depending on entries*

Junior Boys & Junior Girls: u24,28,32,36, +36

Senior Boys & Senior Girls: u32,36,40,45,50,55,+55

Cadet Men: u45,50,55,60,66,73, +73

Cadet Women: u48,52,57,63,70,78 +78

Junior Men: u60,66,73,81,90,100 +100

Junior Women: u48,52,57,63,70,78 +78

Senior Men: u60,66,73,81,90,100 +100

Senior Women: u48,52,57,63,70,78 +78

Masters men and women (30 yrs. +):

Rules:

Contests will be run under the NZJF sporting code where possible.

All competitors must be registered members of the NZJF prior to the closing date for entries.

If insufficient entries are received for any weight division the tournament controller will have the right to combine divisions.