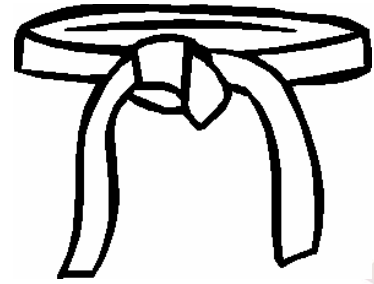
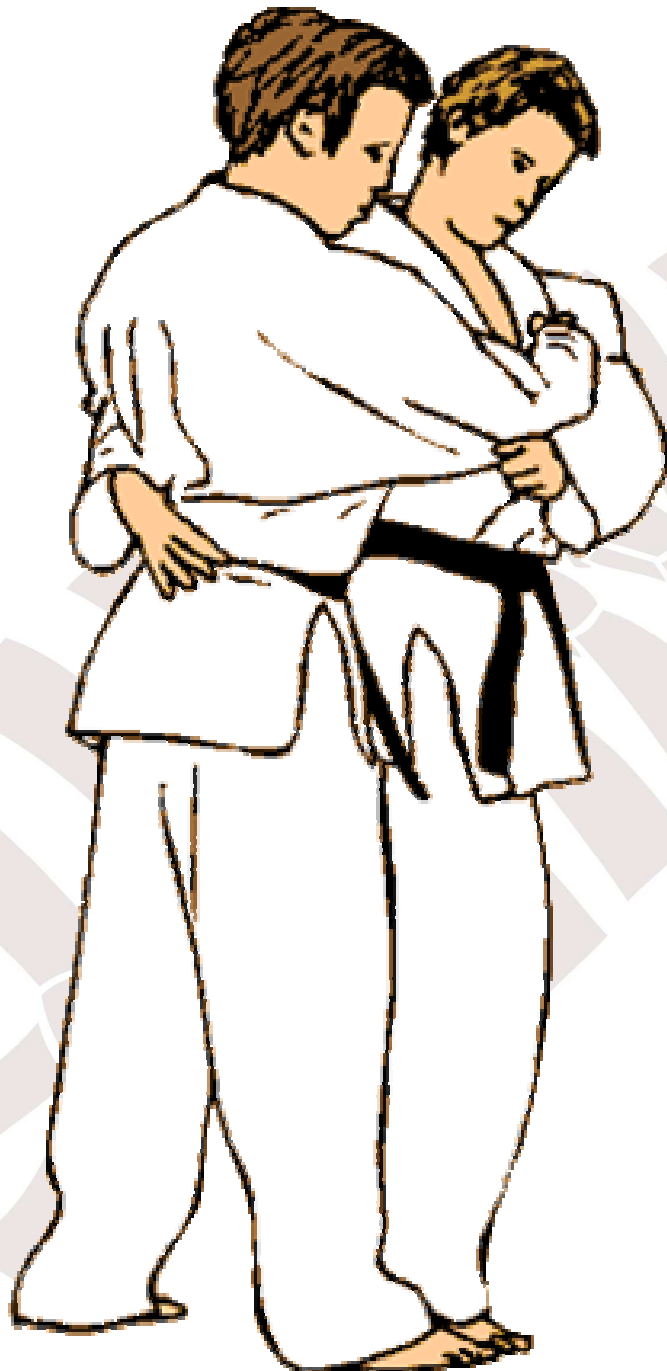


# UKI GOSHI

*FLOATING HIP*



## KEY POINTS;

- **Arm behind**
- **Knees slightly bent**
- **Hips not “right in”**
- **Complete by rotating to left**



Inspire, Excel, Together.™



**JUDO  
NEW ZEALAND**