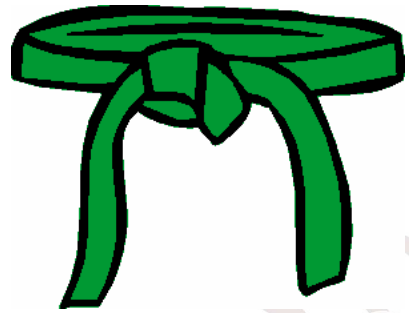


UCHI MATA GAESHI

INNER THIGH COUNTER



KEY POINTS;

- Stop partner's Uchi Mata attack
- Sweep supporting leg
- Turn to rear



Inspire, Excel, Together.™



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