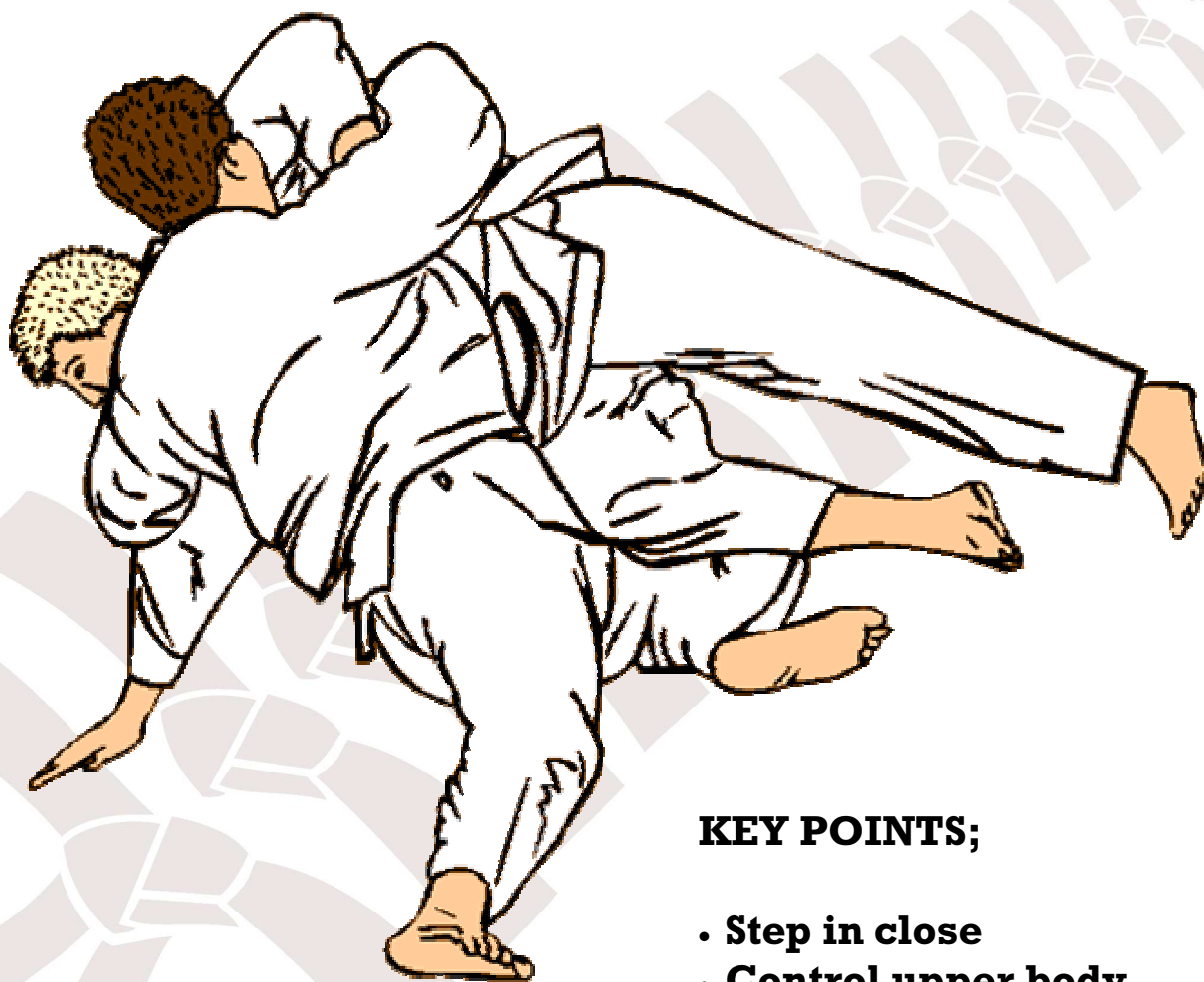
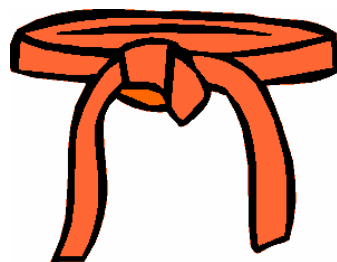


KO SOTO GAKE

MINOR OUTER HOOK



KEY POINTS;

- Step in close
- Control upper body
- Weight over leg to be hooked
- Hook leg from outside



Inspire, Excel, Together.™



JUDO
NEW ZEALAND