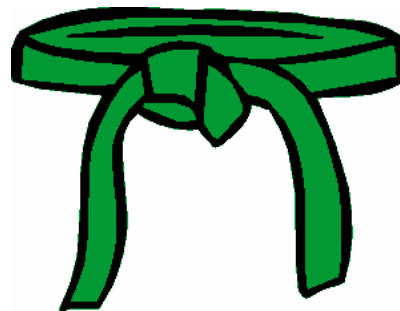


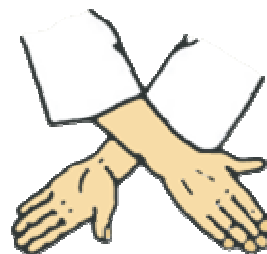
KATA JUJI JIME

SINGLE CROSS STRANGLE



KEY POINTS;

- **Fingers of one hand, thumb of the other deep in partner's collar**
- **Widen elbows and draw partner closer to complete strangle**



**JUDO
NEW ZEALAND**

