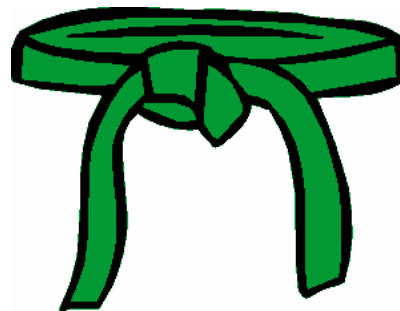


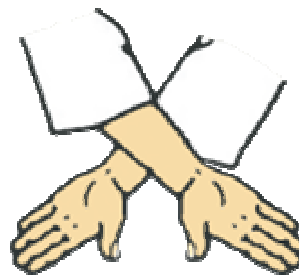
GYAKU JUJI JIME

REVERSE CROSS STRANGLE



KEY POINTS;

- Fingers in deep
- Widen elbows and draw partner closer to complete strangle



JUDO
NEW ZEALAND

