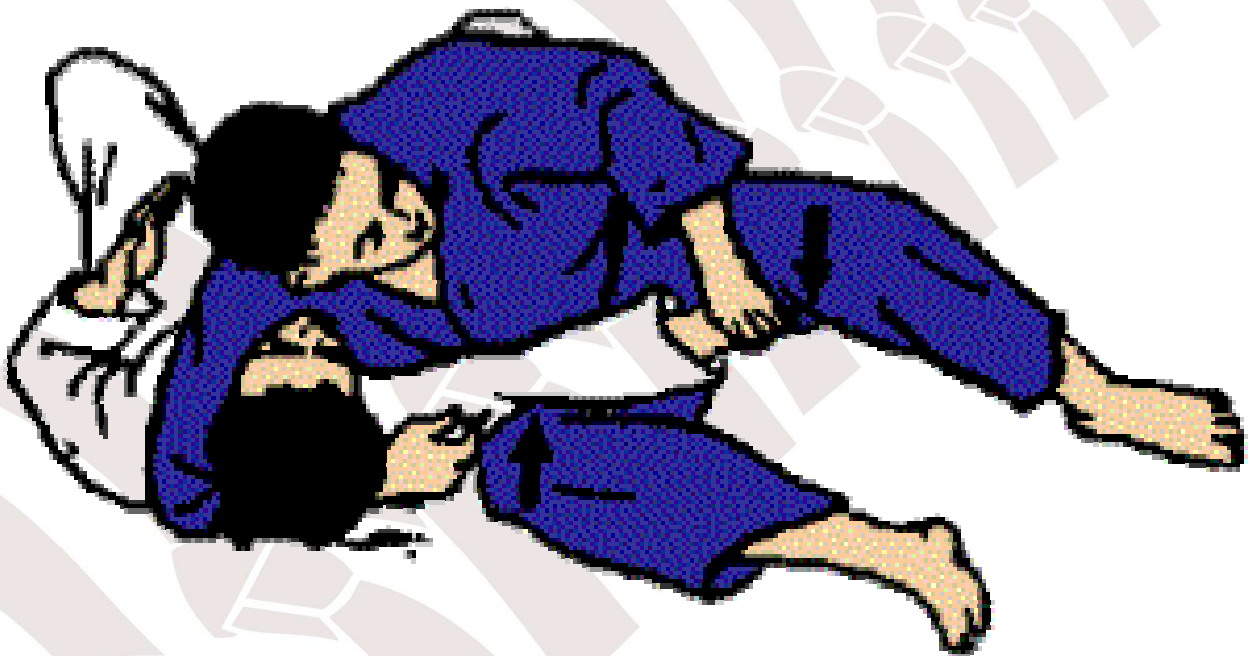
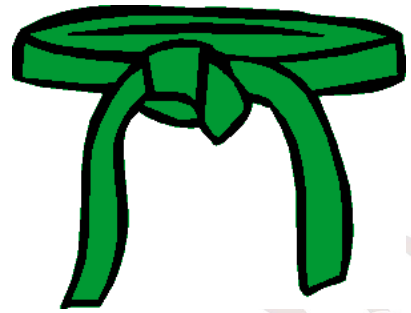


ASHI GATAME

LEG LOCK



KEY POINTS;

- A number of variations where the leg is used to apply the armlock

